

BREADED SOFT SHELL CLAMS



SEA WATCH BREADED SOFT SHELL CLAMS

Old Salt Breaded Soft Shell Clams are the original New England (Ipswich) style frying clams and are popular in the New England and Middle Atlantic states. This "Fried Clam" is for operators who want to serve a top quality whole fried clam.

PAR-FRIED to reduce frying time

PRE-PORTIONED for exact cost and portion control

BULK PACKED available for large volume users

UNIFORM SIZING processed from selected and graded soft shell

TRANS FAT FREE



Breaded Soft Shell Clams

PREPARATION INSTRUCTIONS

KEEP FROZEN: until ready to use - do not refreeze.

*COOK TO A MINIMUM, INTERNAL TEMPERATURE OF 160°F (71°C)

DEEP FRY: at 350°F for 3-4 minutes

Nutrition Facts

Serving Size 4 oz
Serving per Container

Amount Per Serving
Calories 60 Calories from Fat 15
% Daily Value*

Total Fat 2g 3%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 20mg 6%

Sodium 115mg 24%

Total Carbohydrate 4g 1%

Dietary Fiber 0g 0%

Sugars 1g

Protein 8g

Vitamin A 4% Vitamin C 0%
Calcium 2% Iron 20%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

Total Fat	Calories	2,000	2,500
Saturated Fat	Less than	65g	80g
Cholesterol	Less than	20g	25g
Sodium	Less than	300mg	300mg
Total Carbohydrate	Less than	2,400mg	2,400mg
Dietary Fiber		300g	375g
Calories per gram		25g	30g
Fat 9	• Carbohydrate 4	• Protein 4	

CODE	DESCRIPTION	OPERATOR PORTION COST	CASE PACK	GROSS WT.	NET WT.	CASE CUBE	PALLET
F201	Breaded Soft Shell Clams	market	21/5 oz.	7.5 lb.	6.5 lb.	.38	14x10

Clams...protein perfected

Profitable

Versatile

High in Protein

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MADE in U.S.A.

