

# SEAFOOD STUFFING



# SEA WATCH SEAFOOD STUFFING

## Seafood Stuffing

Sea Watch Seafood Stuffing is a delicious culinary tool that has many applications for a typical menu. We have blended clams, crab and lobster together with breadcrumbs, herbs, spices and a little cheese. The seafood content is over 30% adding great flavor and a tremendous value.

- **The preportioned ½ oz seafood stuffing offers strict portion control, just add the desired amount to the item being stuffed**
- **Use for appetizers or entrees, very versatile**
- **Looks and tastes like it was made from scratch**
- **GET STUFFED: Mushrooms, Tomatoes, Potatoes, Fish, Shrimp, Lobster, or Peppers**
- **Batter & bread, deep fry and serve with your signature sauce**

## PREPARATION INSTRUCTIONS COOK FROM FROZEN OR THAW TO FORM

**CONVENTIONAL OVEN:** Preheat oven to 425°F, bake desired amount for 14½ to 15½ minutes. Cooking times may vary depending on final use of the product. Cook to a minimal, internal temperature of 170°F (76°C).

**CONVECTION OVEN:** Preheat oven to 400°F, bake desired amount for 14 to 15 minutes. Cooking times may vary depending on final use of the product. Cook to a minimal, internal temperature of 170°F (76°C).

*Raw Consumption Advisory: Consuming raw or undercooked shellfish may increase the risk of food borne illness, especially for individuals with certain medical conditions.*

**Sea Watch will make a custom seafood stuffing for you.  
Volume requirements based on formulation and packaging.**

CODE	DESCRIPTION	CASE PACK	GROSS WT.	NET WT.	CASE CUBE	PALLET
INS31	SW Seafood Stuffing	2/5/1/2 oz.	11 lb.	10 lb.	.48	12x10

## READY TO USE



## CLEAN LABEL

## Nutrition Facts

160 serving per container  
**Serving size 2 nuggets (28g)**

**Amount Per Serving**  
**Calories 70**

	% Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 3g	
Vitamin D 0mcg	<b>0%</b>
Calcium 44mg	<b>4%</b>
Iron 0mg	<b>0%</b>
Potassium 14mg	<b>0%</b>

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

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Clams...protein perfected

Profitable

Versatile

High in Protein

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MADE in U.S.A.

