

# SEA WATCH FRESH FROZEN CLAM PRODUCTS

**Fresh Frozen Raw Sliced Sea Clam Strips** are processed from the tongue of the Atlantic surf clam (*Spisula solidissima*). These unbreaded strips are mechanically shucked and sliced to 3/32" they have a strikingly sweet flavor and are ready for your favorite recipe or to be breaded and used as clam strips.

| Nutrition Facts              |                       |
|------------------------------|-----------------------|
| 23 serving per container     |                       |
| Serving size 3.5 oz (100g)   |                       |
| Amount Per Serving           |                       |
| <b>Calories</b>              | <b>50</b>             |
|                              | <b>% Daily Value*</b> |
| <b>Total Fat</b> 0g          | <b>0%</b>             |
| Saturated Fat 0g             | <b>0%</b>             |
| Trans Fat 0g                 |                       |
| <b>Cholesterol</b> 30mg      | <b>10%</b>            |
| <b>Sodium</b> 170mg          | <b>7%</b>             |
| <b>Total Carbohydrate</b> 1g | <b>0%</b>             |
| Dietary Fiber 0g             | <b>0%</b>             |
| Total Sugars 1g              |                       |
| Includes 0g Added Sugars     | <b>0%</b>             |
| <b>Protein</b> 11g           |                       |
| Vitamin D 0mcg               | <b>0%</b>             |
| Calcium 12mg                 | <b>2%</b>             |
| Iron 2mg                     | <b>10%</b>            |
| Potassium 83mg               | <b>2%</b>             |

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Based on SW Sliced Sea Clams -CD31

**Preserves natural color and texture**

**Just thaw and use in any recipe**

**Use whenever the highest quality clam is required**

**For menu ideas go to SeaWatch.com**



**HIGH IN PROTEIN - LOW IN FAT**



**Fresh Frozen Raw Sliced Sea Clam Strips**

**Fresh Frozen Chopped Clams** are truly the "next best to fresh". Select quality sea clams are chopped, washed, drained and then frozen to capture their freshness and flavor. Packed in reseal-able plastic tubs with lids, use what you need and store the remainder in the refrigerator.

**QUICK FROZEN** preserves natural color and texture

Just thaw and use in any recipe

Use whenever the highest quality clam is required

**Menu Applications:** Chowders and Soups, Sauces, Dips, Fritters, Cakes, Clams Casino, and Stuffed



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|--------------------------------|-----------------------|
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| Amount Per Serving             |                       |
| <b>Calories</b>                | <b>50</b>             |
|                                | <b>% Daily Value*</b> |
| <b>Total Fat</b> 0g            | <b>0%</b>             |
| Saturated Fat 0g               | <b>0%</b>             |
| Trans Fat 0g                   |                       |
| <b>Cholesterol</b> 30mg        | <b>10%</b>            |
| <b>Sodium</b> 170mg            | <b>7%</b>             |
| <b>Total Carbohydrate</b> 1g   | <b>0%</b>             |
| Dietary Fiber 0g               | <b>0%</b>             |
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| <b>Protein</b> 11g             |                       |
| Vitamin D 0mcg                 | <b>0%</b>             |
| Calcium 12mg                   | <b>0%</b>             |
| Iron 2mg                       | <b>10%</b>            |
| Potassium 83mg                 | <b>2%</b>             |

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Based on DC31 Chopped Sea Clams



# SEA WATCH FRESH FROZEN CLAM PRODUCTS

**I.Q.F. Chopped Clam Meat** are surf clams, including the tender tongue - ground and individually quick frozen...an easy alternative to block frozen, canned or fresh clams. I.Q.F. Chopped Clam Meat delivers all the clam meat to the chef or production manager when they need it - without defrosting or opening cans - and with the fresh, full flavor of the surf clam in each I.Q.F. bite!

Fresh, full flavor sealed in every bite!

Available year round- ready to use when you need them!

No mess, no waste!

Includes the whole clam with the tender clam tongue ground to a 1/2" size--- ready to use in chowders, sauces or in any other special recipe

Add directly into your recipe...no thawing time required!



I.Q.F. Chopped Clam Meat



## Nutrition Facts

23 serving per container  
Serving size (100g)

Amount Per Serving

**Calories** **70**

% Daily Value\*

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 40mg **13%**

**Sodium** 210mg **9%**

**Total Carbohydrate** 1g **0%**

Dietary Fiber 0g **0%**

Total Sugars 1g

Includes 0g Added Sugars **0%**

**Protein** 14g

Vitamin D 0mcg **0%**

Calcium 14mg **2%**

Iron 2mg **10%**

Potassium 104mg **2%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**MSC Fishery Certification:** F-SCS-0098

**Sea Watch MSC Chain of Custody Certification Number:** MSC-C-55796

| CODE | DESCRIPTION                                | CASE PACK | GROSS WT. | NET WT. | CASE CUBE | PALLET |
|------|--|-----------|-----------|---------|-----------|--------|
| D147 | Capt Fred Chopped Sea Clams -1/2" (tub)    | 4/5 lb.   | 23 lb.    | 20 lb.  | .74       | 9x6    |
| DC31 | SW Chopped Sea Clams -1/2" (tub)           | 4/5 lb.   | 23 lb.    | 20 lb.  | .74       | 9x6    |
| CD31 | SW Sea Clam Strips -3/32" (tub)            | 4/5 lb.   | 23 lb.    | 20 lb.  | .74       | 9x6    |
| 9831 | SW IQF Chop Surf Clams -1/2" (ziplock)     | 2/5 lb.   | 11.25 lb. | 10 lb.  | .57       | 9x9    |
| 9031 | Sea Watch IQF Whole Sea Clam Tongues (bag) | 1/10 lb.  | 10.5 lb.  | 10 lb.  | .48       | 12x10  |

Based on SW IQF Chopped Sea Clams

Find us on



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Clams...protein perfected

Profitable

Versatile

High in Protein

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MADE in U.S.A.

