SEA WATCH FRESH FROZEN CLAM PRODUCTS

Fresh Frozen Raw Sliced Sea Clam Strips are processed from the tongue of the Atlantic surf clam (Spisula solidissima). These unbreaded strips are machanically shucked and sliced to 3/32" they have a strikingly sweet flavor and are ready for your favorite recipe or to be breaded and used as clam strips.

A						
Nutrition Fac	<u>cts</u>					
23 serving per container						
Serving size 3.5 oz (100g)						
Amount Per Serving						
Calories	50					
% Daily Value*						
Total Fat Og	0%					
Saturated Fat 0g	0%					
Trans Fat 0g						
Cholesterol 30mg	10%					
Sodium 170mg	7%					
Total Carbohydrate 1g	0%					
Dietary Fiber 0g	0%					
Total Sugars 1g						
Includes 0g Added Sugars	0%					
Protein 11g						
Vitamin D 0mcg	0%					
Calcium 12mg	2%					
Iron 2mg	10%					
Potassium 83mg	2%					
* The % Daily Value (DV) tells you have much in a serving of food contributes to a daily diet. calories a day is used for general nutrition advi	a nutrient 2,000 ice.					

Based on SW Sliced Sea Clams -CD31

Preserves natural color and texture

Just thaw and use in any recipe

Use whenever the highest quality clam is required

For menu ideas go to SeaWatch.com



Fresh Frozen Raw Sliced Sea Clam Strips

Fresh Frozen Chopped Clams are truly the "next

best to fresh". Select quality sea clams are chopped, washed, drained and then frozen to capture their freshness and flavor. Packed in reseal-able plastic tubs with lids, use what you need and store the remainder in the refrigerator.

QUICK FROZEN preserves natural color and texture

Just thaw and use in any recipe

Use whenever the highest quality clam is required

Menu Applications: Chowders and Soups, Sauces, Dips,Fritters, Cakes, Clams Casino, and Stuffed





About 23 serving per conta Serving size 3.5 oz (100	ainer
Amount Per Serving	50
Calories	50
% Daily	Value*
Total Fat Og	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 170mg	7%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	s 0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 2mg	10%
Potassium 83mg	2%
* The % Daily Value (DV) tells you have much in a serving of food contributes to a daily diet, calories a day is used for general nutrition ad	a nutrient 2,000 vice.

Based on DC31 Chopped Sea Clams

HIGH IN PROTEIN - LOW IN FAT

SEA WATCH FRESH FROZEN CLAM PRODUCTS

I.Q.F. Chopped Clam Meat are surf clams, including the tender tongue - ground and individually quick frozen...an easy alternative to block frozen, canned or fresh clams. I.Q.F. Chopped Clam Meat delivers all the clam meat to the chef or production manager when they need it - without defrosting or opening cans - and with the fresh, full flavor of the surf clam in each I.Q.F. bite!

Fresh, full flavor sealed in every bite!

Available year round- ready to use when you need them!

No mess, no waste!

Includes the whole clam with the tender clam tongue ground to a 1/2" size--- ready to use in chowders, sauces or in any other special recipe

Add directly into your recipe...no thawing time required!

MSC Fishery Certification: F-SCS-0098

Sea Watch MSC Chain of Custody Certification Number: MSC-C-55796

CODE	DESCRIPTION	CASE PACK	GROSS WT.	NET WT.	CASE CUBE	PALLET
D147	Capt Fred Chopped Sea Clams -1/2" (tub)	4/5 lb.	23 lb.	20 lb.	.74	9x6
DC31	SW Chopped Sea Clams -1/2" (tub)	4/5 lb.	23 lb.	20 lb.	.74	9x6
CD31	SW Sea Clam Strips -3/32" (tub)	4/5 lb.	23 lb.	20 lb.	.74	9x6
9831	SW IQF Chop Surf Clams -1/2" (ziplock)	2/5 lb.	11.25 lb.	10 lb.	.57	9x9
9031	Sea Watch IQF Whole Sea Clam Tongues (bag)	1/10 lb.	10.5 lb.	10 lb.	.48	12x10

Profitable



Nutrition Fac	cts					
23 serving per container Serving size (100g)						
Amount Per Serving						
Calories	70					
% Daily Value*						
Total Fat 0g	0%					
Saturated Fat 0g	0%					
Trans Fat 0g						
Cholesterol 40mg	13%					
Sodium 210mg	9%					
Total Carbohydrate 1g	0%					
Dietary Fiber 0g	0%					
Total Sugars 1g						
Includes 0g Added Sugars	0%					
Protein 14g						
Vitamin D 0mcg	0%					
Calcium 14mg	2%					
Iron 2mg	10%					
Potassium 104mg	2%					
* The % Daily Value (DV) tells you have much in a serving of food contributes to a daily diet, calories a day is used for general nutrition advi	a nutrient 2,000 ice.					

Based on SW IQF Chopped Sea Clams



Clams...protein perfected



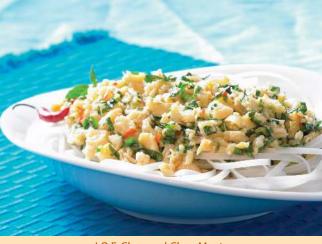
High in Protein

MADE in U.S.A.



Sea Watch International, Ltd. • 8978 Glebe Park Drive, Easton MD 21601 Phone: 410-820-7848 • Fax:410-822-1266 • SeaWatch.com

HIGH IN PROTEIN - LOW IN FAT



I.Q.F. Chopped Clam Meat